



## **ENABLE Glasgow – Information for Members – Easy-Read**

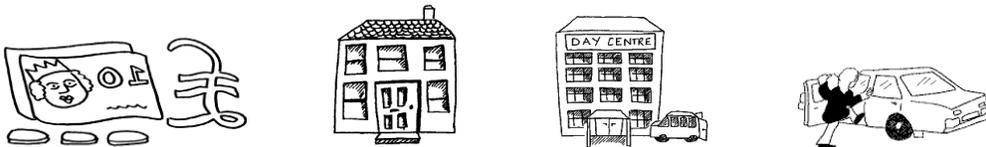
# **Self Directed Support in Glasgow – What You Need to Know**

**Glasgow City Council pays for most support for most people with learning disability in Glasgow. The Council has decided to change the way it does this. The new system is called Self Directed Support (SDS). This is a very important change. This leaflet will explain how the new system works, and will answer some of your questions.**



### ***What is Self Directed Support?***

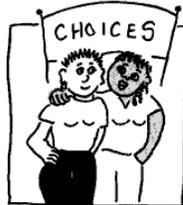
**With Self Directed Support, each service user has their own amount of money which they use to ‘buy’ their support. This will pay for things like help at home, day centres, transport, and respite care. Service users can choose what support they want, and can choose who to get their support from.**



**Sometimes SDS is called Personalization, Individual Budgets, or In Control. In this leaflet we’ll be calling it Self Directed Support (or SDS for short).**

## ***This sounds good – what’s the problem?***

For many people, SDS will be a good thing. They may get more choice about the support they get, and on how they want to spend their money.



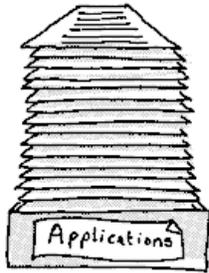
However, some service users are worried about the new system. The big problem is that the Council has less money to spend than they used to have. Some money will be cut, and this has already happened to some people. The new rules can also be hard to understand.



## ***How does SDS work in Glasgow?***

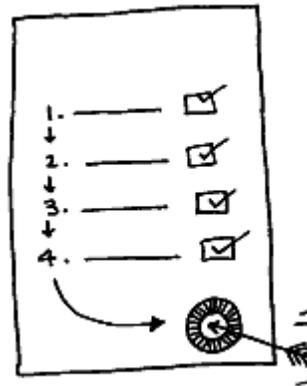
To get your pot of money, the first thing you do is to fill in a **Self Evaluation Questionnaire (SEQ)**. This is a form that asks about all the help you need to live your life. This form is very important

because it helps the Council decide how much money you get.



When the Council has decided how much money you get, a plan is made about how you will get the support you need. This is called an **Outcome-Based Support Plan (OBSP)**. All the people who are important to you should help make this plan. You should also get help from your social worker. If your support is going to change, there will also be a plan to say how this will be done.

### ***What do I need to think about when I'm filling in the Self Evaluation Questionnaire?***



The most important thing to remember is to get help with filling in the form if you are not sure how to do it. Remember that the form will help the Council decide how much money you get to pay for your support. Someone like your carer, your support worker, your social

worker, or an advocate may be able to help you. Make sure that the person who helps you knows you well.

Also, remember to make sure you tell the Council about all your special needs on the form. Take your time with the form, and keep a copy.

### ***What happens if the money I get isn't enough to pay for the services I need?***

There are some ways in which the Council will think again about your money if it might not be enough. There is a special group of social workers who will look at this called the Risk Enablement Group (REG). If you think you should have more money, ask your supporter to tell you more about this. ENABLE can also help with this.



### ***I would like to look after my own money and pay for my services myself. What should I do?***



Some people with learning disabilities have decided to do this, but most need help. There are some groups in Glasgow that can help you with this. However, remember that the money you get has to pay

for all your services. Also, looking after large amounts of money can be difficult – make sure you get the right help and advice.

***What kind of things can I use my individual budget to pay for?***

The rules on this are still being decided. ENABLE Glasgow can tell you which social worker to talk to about this.



**If you have any other questions about Self Directed Support in Glasgow, get in touch with us. We also have names of other people who can help you.**



**0141 332 7420**

**[www.enableglasgow.org.uk](http://www.enableglasgow.org.uk)**